# Advisor-Advisee Project 

## Ms. Larson's Class

## Week 1 - All about us \& Team Building

## Monday

Go over weekly news. Introduce yourself to the class by creating an all about me PowerPoint. Describe the expectations and goals of Advisory Period. Have the students introduce themselves briefly to the class, name and what they are excited most for this school year. Have the students take a survey that asks questions about their likes and dislikes about school and how the teacher can best help them if they are struggling.

## Tuesday

Start the day by having the students to an ice breaker/team building activity. (Examples: human knot, line-up by birthdays without talking or switch spots with someone who like...)Give the students time to create their own all about me PowerPoint to share with the class during the next few days. PowerPoints could include name, birthdate, family, a list of favorite things, hobbies, an interesting fact, etc.

## Wednesday

Let the students take turns presenting their all about me PowerPoints to the class. Other students have the opportunity to ask questions to get to know their classmates better.

## Thursday

Continue with the presentations of the all about me PowerPoints.

## Friday

Finish remaining presentations if there are any left.
Friday Game Day. On Fridays the students will be able to play games of different sorts and with different themes. Play trivia game with kahoot. Theme: Education

## Week 2 -Community Involvement

## Monday

Go over weekly news. Ice-breaker Monday: Famous Partners...place the names of famous couples on index cards, mix them up, and have students match up. Every Monday students will complete a different ice-breaker to get to know each other and get ready for the week ahead. Start discussing community involvement and how to become involved in the community.

## Tuesday

Brainstorm ideas on how to become involved in the community and what service project we could do for the community, either in school or in the community. Examples: food drive, toy
drive, raise money for different organizations. Let the students make a list of projects and have them think about which project they would like to do for the next class.

## Wednesday

Work and Reading Wednesdays. Students will be able to work on homework or read books during Advisory Period on Wednesdays.

## Thursday

Start the day with voting and deciding which project to do. Also choose roles for each student to have for the project, ie: president, vice president, advertisement, secretary, treasurers, etc.

## Friday

Friday Game Day. Theme: History

## Week 3 - Study Habits

## Monday

Go over weekly news. Ice-breaker Monday: Life Raft students stand on top of shower curtain and flip it over without anyone stepping off. Go over the status of the service project and what needs to get done this week.

## Tuesday

Discuss good and bad study habits with the students (Organization, Assignment Expectations, Study Area, Study Plans, Study Groups, Test-Taking Strategies, Reading, Procrastination, ) and have them take a survey on their personal study habits.

## $\underline{\text { Wednesday }}$

Work and Reading Wednesdays.

## Thursday

Talk about tips for studying for tests, (begin early, know your trouble spots, study in spurts, use mnemonic devices and songs to remember lists and dates, walking around while studying, and sleep on it after you have studied)

Friday
Friday Game Day. Theme: Music

## Week 4 -Goal Setting

## Monday

Go over weekly news. Ice-breaker Monday: Machines...place name of machines on index cards, distribute to groups, have them act them out. Get update on community involvement project and what needs to be done to be ready for project to happen next week.

## Tuesday

Discuss goal setting with students. Talk about why they should set goals, what are attainable goals and what are not, how to make sure they are working to achieve their goals, how goals can be changed during the process of achieving the goal and why it is okay to fail to meet a goal.

## Wednesday

Work and Reading Wednesdays.

## Thursday

Review the goal setting information talked about in the last class. Then have the students write their own goals, both short and long term goals, and how they will strive to achieve these goals.

## Friday

Friday Game Day. Theme: Movies

## Week 5 -Community Involvement

Monday
Go over weekly news. Start community involvement project.

## Tuesday

Continue community involvement project.

## Wednesday

Work and Reading Wednesdays.

## Thursday

Finish community involvement project an debrief afterwards about what went well, what they would keep for the next time, and what could be changed if they did this project again.

## Friday

Friday Game Day. Theme: North Dakota (State in which the school is in)

Week 6 - School Spirit (Week can be moved to correlate with the schools own spirit or homecoming week)

## Monday

Go over weekly news. Ice-breaker Monday: Have the students break into groups and create a cheer, rap, or skit that shows their school spirit. Encourage the students to participate in all the activities that are happening in the school during spirit week.

## Tuesday

Make decorations for spirit week to put around the school, door decorations, locker decorations, wall decorations, etc.

Wednesday
Work and Reading Wednesdays.

## Thursday

Play Minute to Win It games to create some friendly competition and have a prize for the students(s) who win the most games, or the least games, or different fun awards can be given also.

## Friday

Friday Game Day. Theme: Sports

Week 7 - 7 Habits of Highly Effective Teens By: Sean Covey (can buy book on amazon for \$12)

Monday
Go over weekly news. Ice-breaker Monday: Quote to live by...Students choose a quote or Bible verse that is meaningful to them. Copy and decorate on an index card. Read through, have discussions and do activities from Part 1 and some of Part 2 of the book. Get in the Habit and Paradigms, Principles, and Personal Bank Account.

## Tuesday

Read, discuss and do activities from Part 2 of the book. If there is time continue on to Part 3 so students can have their work time tomorrow. Habit 1 Be Proactive, Habit 2 Begin with the End in Mind, Habit 3 Put First Things First, the Relationship Bank Account, Habit 4 Think Win-Win.

Wednesday
Work and Reading Wednesdays.

## Thursday

Read, discuss, and do activities from Parts 3 and 4 of the book. Habit 5 Seek First to Understand Then to Be Understood, Habit 6 Synergize, Habit 7 Sharpen the Saw, Keep Hope Alive.

## Friday

Friday Game Day. Theme: Famous People

## Week 8 -Life Interests

## Monday

Go over weekly news. Ice-breaker Monday: This or That, think of or find two things for the students to pick between and have them go to one side of the room or the other depending on
their choice. (Examples: Coke or Pepsi, winter or summer, inside or outside) Talk about the importance of figuring out what their interests in life are and how they can incorporate their interest into their future careers.

## Tuesday

Have the students take an interests survey to help them see which careers can incorporate their interests into the. (Sample Survey: http://www.educationplanner.org/students/career-planning/find-careers/career-clusters-activity.shtml) After they take the survey have the students explore the different careers that they got and write down 3-4 that interest them.

## Wednesday

Work and Reading Wednesdays.

## Thursday

Have a discussion on if they students thought that the test was accurate or not and where in the community each of the students career interest can be found. Have the students pick 1-2 places in which they would be interested in job shadowing at for a few hours. Help the students get it contact with a manager or boss of those businesses to see if the student could come job shadow sometime.

## Friday

Friday Game Day. Theme: Current Events

## Week 9 - Random Acts of Kindness

## Monday

Go over weekly news. Ice-breaker Monday: Have the students write on sticky notes things that make a good friend and then have them stick the notes on the board. Brain storm ideas on what the class could do for random acts of kindness around the school. (Positive Sticky Notes on Lockers, Cleaning part of the school, Get to know someone new, give compliments, bring food for the janitors or other staff, write thank you notes to staff, etc.) Decide on 2-4 RAKs to complete during the week and who is going to provide which supplies.

## Tuesday

Complete on Random Act of Kindness today.
Wednesday
Work and Reading Wednesdays.

## Thursday

Complete a second Random Act of Kindness today.

## Friday

Friday Game Day. Theme: Disney

